

VCCL Results - Corina Kapusta

Member number: 265

Races: 263; Wins: 8 (3.0%); Top Ten: 105 (39.9%)

Active from 1997 to 2024

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
22/04/2007	Fred Grubb Memorial Handicap	40	6.5	27:55	17	3:25		24:30	3:35	4:18
29/04/2007	Moran Stable Handicap	23	5	19:15	18	2:45		16:30	1:16	3:51
06/05/2007	Rendina Family Handicap	49	8	34:07	18	4:30		29:37	4:27	4:16
27/05/2007	Combined VCCL/GCCL Handicap	29	10	44:26	18	5:30		38:56	5:53	4:27
03/06/2007	VCCL Bob Charlton Handicap	44	6.5	27:17	19	3:50		23:27	3:07	4:12
09/06/2007	Boutique FPS Handicap	34	5	19:16	19	2:50		16:26	1:15	3:51
17/06/2007	31st Anniversary Bob Cook Memorial Handicap	20	10	40:58	19	5:50		35:08	1:32	4:06
24/06/2007	RetireInvest Eaglehawk to Bendigo Handicap	30	6.5	24:41	20	4:00		20:41	1:40	3:48
01/07/2007	VCCL 5km Handicap	14	5	18:53	20	3:00		15:53	0:50	3:47
08/07/2007	34th Annual Murchison Handicap	8	10	38:00	20	6:05		31:55	2:21	3:48
15/07/2007	Eric Greaves Memorial Handicap	1	10	38:15	20	6:05		32:10	0:00	3:50
22/07/2007	Hash House Harriers HHH Handicap	17	8	30:03	17	4:15		25:48	1:17	3:45
29/07/2007	Independent Signs Handicap	11	10	38:59	17	5:10		33:49	0:59	3:54
19/08/2007	Pinnacle Print Group Handicap	9	8	30:39	17	4:15		26:24	0:30	3:50
09/09/2007	16th Annual VCCL Social Club Handicap	14	6.5	24:42	17	3:25		21:17	0:46	3:48
16/09/2007	42nd Annual Norm Charles Handicap	31	10	41:12	18	5:30		35:42	4:08	4:07
23/09/2007	President's Handicap	5	6.5	24:43	18	3:35		21:08	0:15	3:48
30/09/2007	Westgate Bridge Memorial Handicap	10	5	18:11	18	2:45		15:26	1:17	3:38
26/04/2009	Fred Grubb Memorial Handicap	42	6.5	28:23	21	4:10		24:13	3:55	4:22
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	37	8	35:19	22	5:30		29:49	4:51	4:25
09/05/2009	Moran Stable Handicap	26	5	19:10	22	3:20		15:50	2:13	3:50
17/05/2009	Rendina Family Handicap	11	8	31:29	22	5:30		25:59	1:08	3:56
31/05/2009	Caruana Cross Country Classic	4	8	30:39	22	5:30		25:09	0:23	3:50
14/06/2009	Hash House Harriers HHH Handicap	3	8	30:18	22	5:30		24:48	0:32	3:47
21/06/2009	18th Annual VCCL Social Club Handicap	8	6.5	25:21	22	4:25		20:56	0:46	3:54
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	6	6.5	23:38	22	4:25		19:13	0:37	3:38
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	7	10	39:56	22	6:40		33:16	0:49	4:00
26/07/2009	Eric Greaves Memorial Handicap	3	10	38:35	22	6:40		31:55	0:10	3:52
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	4	8	30:26	22	5:30		24:56	0:15	3:48
09/08/2009	44th Annual Norm Charles Handicap	15	10	39:32	22	6:40		32:52	2:19	3:57
30/08/2009	George Perdon Handicap	8	16.09	1:05:17	22	11:00		54:17	2:12	4:03
05/09/2009	Westgate Bridge Memorial Handicap	18	5	19:56	22	3:20		16:36	1:32	3:59
13/09/2009	Independent Signs Handicap	4	10	39:54	22	6:40		33:14	0:32	3:59
20/09/2009	President's Handicap	23	6.5	26:28	22	4:25		22:03	2:13	4:04
22/05/2011	Moran Stable Handicap	24	5	19:55	22	3:25		16:30	1:51	3:59
29/05/2011	Rendina Family Handicap	24	8	31:21	24	6:00		25:21	1:17	3:55
05/06/2011	Caruana Cross Country Classic	27	8	32:45	24	6:00		26:45	2:38	4:06
11/06/2011	Boutique FPS Handicap	11	5	19:11	24	3:40		15:31	0:34	3:50
03/07/2011	VCCL 5x3km Relay Challenge	42	3	12:26	24	2:24		10:02	1:26	4:09
10/07/2011	Helmut & Maija Prentler Handicap	24	8	32:50	25	6:15		26:35	2:08	4:06
24/07/2011	Eric Greaves Memorial Handicap	11	10	39:38	25	7:35		32:03	1:29	3:58

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
31/07/2011	46th Annual Norm Charles Handicap	22	10	41:02	20	6:05		34:57	3:16	4:06
07/08/2011	Tony Rendina Legend Handicap	13	5	18:57	26	4:00		14:57	1:09	3:47
14/08/2011	Hash House Harriers Handicap	11	8	30:28	26	6:30		23:58	0:44	3:49
21/08/2011	George Perdon Handicap	8	16.09	1:06:51	26	13:00		53:51	3:03	4:09
11/09/2011	Westgate Bridge Memorial Handicap	11	5	19:16	26	4:00		15:16	0:58	3:51
18/09/2011	President's Handicap	9	6.5	25:57	26	5:10		20:47	1:20	4:00
22/04/2012	Moran Stable Sealed Handicap	6	6.5	25:39	24	4:50		20:49	1:09	3:57
29/04/2012	Fred Grubb Memorial Handicap	4	6.5	25:05	24	4:50		20:15	0:52	3:52
06/05/2012	Rendina Family Handicap	4	8	30:34	24	6:00		24:34	0:44	3:49
20/05/2012	Caruana Classic Handicap	12	8	31:07	24	6:00		25:07	0:55	3:53
27/05/2012	Helmut & Maija Prentler Handicap	3	8	31:29	24	6:00		25:29	0:29	3:56
03/06/2012	VCCL 5x3km Relay Challenge	4	3	11:31	24	2:24		9:07	0:08	3:50
17/06/2012	Eaglehawk To Bendigo Handicap	3	6.4	23:34	24	4:50		18:44	0:24	3:41
24/06/2012	Independent Signs Handicap	1	10	39:48	24	7:20		32:28	0:00	3:59
01/07/2012	Yvonne Callaghan Handicap	12	5	18:36	19	2:55		15:41	1:32	3:43
08/07/2012	39th Murchison Handicap	9	10	37:09	19	5:45		31:24	1:12	3:43
22/07/2012	47th Norm Charles Handicap	8	10	38:37	21	6:25		32:12	1:53	3:52
29/07/2012	14th Eric Greaves Memorial Handicap	6	10	38:40	20	6:05		32:35	1:00	3:52
05/08/2012	VCCL Tony Moran Legend Handicap	15	8	31:28	20	5:00		26:28	1:24	3:56
26/08/2012	Westgate Bridge Memorial Handicap	18	5	18:40	20	3:05		15:35	1:02	3:44
02/09/2012	Coburg Lake Classic	25	6.5	26:08	21	4:10		21:58	3:07	4:01
09/09/2012	Churchill Park Classic	9	8	30:51	22	5:30		25:21	0:45	3:51
16/09/2012	President's Handicap	12	6.5	25:45	23	4:35		21:10	1:00	3:58
14/04/2013	Fred Grubb & Robert Charlton Memorial	11	6.5	26:03	23	4:35		21:28	1:26	4:00
21/04/2013	Moran Stable Handicap	8	5	18:58	23	3:40		15:18	1:12	3:48
28/04/2013	Helmut & Maija Prentler Handicap	16	8	33:11	23	5:45		27:26	2:00	4:09
05/05/2013	18th Caruana Cross Country Classic	5	8	30:27	23	5:45		24:42	0:28	3:48
19/05/2013	24th Rendina Family Handicap	5	8	30:46	23	5:45		25:01	0:31	3:51
26/05/2013	4th 5x3km Relay Challenge	38	3	11:17	0	2:00		9:17	0:50	3:46
16/06/2013	Flack Advisory Eaglehawk to Bendigo	6	6.4	24:04	24	4:50		19:14	0:19	3:46
23/06/2013	20th Independent Signs Handicap	7	10	39:26	23	7:00		32:26	1:16	3:57
30/06/2013	Jim McLure Legend Handicap	7	5	18:22	23	3:30		14:52	0:55	3:40
14/07/2013	Churchill Park Handicap	10	6.5	26:01	23	4:35		21:26	0:45	4:00
21/07/2013	15th Eric Greaves Memorial	2	10	39:09	23	7:00		32:09	0:03	3:55
28/07/2013	Jayen Engineers Woodlands Classic	4	5	18:21	23	3:30		14:51	0:13	3:40
11/08/2013	Parks Victoria Handicap	7	8	31:45	24	6:00		25:45	0:21	3:58
18/08/2013	2nd Kyneton Ridge Estate Winery	1	6.5	25:15	24	4:50		20:25	0:00	3:53
25/08/2013	14th Westgate Bridge Handicap	33	5	19:30	20	3:05		16:25	1:45	3:54
08/09/2013	48th Norm Charles Handicap	12	10	38:22	22	6:40		31:42	2:55	3:50
04/05/2014	Fred Grubb & Bob Charlton Memorial	36	6.5	26:15	20	4:00		22:15	2:38	4:02
18/05/2014	Moran Stable Handicap	32	5	19:09	21	3:10		15:59	1:08	3:50
25/05/2014	25th Rendina Family Handicap	32	8	32:15	21	5:15		27:00	2:13	4:02
01/06/2014	19th Caruana Cross Country Classic	36	8	31:16	21	5:15		26:01	3:37	3:55
15/06/2014	Flack Advisory Winter Classic	20	6.4	24:38	22	4:25		20:13	1:17	3:51
22/06/2014	5th 5x3km Relay Challenge	20	3	11:34	22	2:12		9:22	0:35	3:51
29/06/2014	21st Independent Signs Handicap	10	10	39:42	22	6:40		33:02	1:47	3:58
06/07/2014	Austbrokers Phillips Handicap	17	8	31:30	22	5:30		26:00	1:00	3:56

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
13/07/2014	Myrniong Handicap	13	6.5	25:54	22	4:25		21:29	1:01	3:59
20/07/2014	16th Eric Greaves Memorial	18	10	39:34	22	6:40		32:54	1:42	3:57
27/07/2014	30th Helmut & Maija Prentler Handicap	19	6.5	26:06	22	4:25		21:41	1:36	4:01
03/08/2014	2nd Jayen Engineers Handicap	15	5	18:24	23	3:30		14:54	0:35	3:41
17/08/2014	15th Westgate Bridge Handicap	17	5	18:45	23	3:30		15:15	0:36	3:45
24/08/2014	Ray O'Connor Legend Handicap	17	5	18:46	23	3:30		15:16	0:51	3:45
31/08/2014	49th Norm Charles Handicap	10	10	39:54	24	7:20		32:34	1:11	3:59
26/04/2015	Moran Stable Handicap	18	5	19:03	23	3:30		15:33	1:13	3:49
03/05/2015	26th Rendina Family Handicap	12	8	31:31	23	5:45		25:46	1:15	3:56
17/05/2015	20th Caruana Cross Country Classic	16	8	32:40	24	6:00		26:40	1:54	4:05
24/05/2015	6th 5x3km Relay Challenge	20	3	11:21	24	2:24		8:57	1:09	3:47
31/05/2015	Austbrokers Phillips Handicap	10	8	31:43	24	6:00		25:43	1:14	3:58
14/06/2015	Flack Advisory Winter Classic	5	6.4	24:46	24	4:50		19:56	0:24	3:52
21/06/2015	16th Westgate Bridge Handicap	14	5	19:07	24	3:40		15:27	0:32	3:49
28/06/2015	22nd Independent Signs Handicap	10	10	39:57	24	7:20		32:37	1:38	4:00
12/07/2015	Myrniong Adventure Handicap	11	6.5	26:56	24	4:50		22:06	1:03	4:09
19/07/2015	17th Eric Greaves Memorial	7	10	39:21	24	7:20		32:01	0:56	3:56
26/07/2015	3rd Jayen Engineers Handicap	11	5	19:07	24	3:40		15:27	0:43	3:49
02/08/2015	20th George Perdon Handicap	3	16.09	1:05:15	25	12:30		52:45	1:14	4:03
16/08/2015	31st Helmut & Maija Prentler Handicap	7	6.5	25:49	25	5:00		20:49	0:36	3:58
23/08/2015	VCCL Legends Handicap	5	5	18:44	25	3:45		14:59	0:29	3:45
30/08/2015	50th Norm Charles Handicap	11	10	39:42	26	7:55		31:47	2:08	3:58
20/09/2015	Presidents & Ted Paulin Handicap	3	6.5	26:41	25	5:00		21:41	0:13	4:06
17/04/2016	Fred Grubb & Bob Charlton Memorial	13	6.5	27:13	25	5:00		22:13	1:45	4:11
24/04/2016	Moran Stable Handicap	12	5	19:19	26	3:55		15:24	1:07	3:52
01/05/2016	27th Rendina Family Handicap	1	8	31:25	27	6:45		24:40	0:00	3:56
15/05/2016	Parks Victoria 5x3km Relay Challenge	23	3	11:17	20	2:00		9:17	1:08	3:46
22/05/2016	Fraser Murray Family Feud Handicap	11	5	18:59	20	3:00		15:59	1:07	3:48
29/05/2016	AB Phillips Handicap	9	6.5	26:23	20	4:00		22:23	1:16	4:04
05/06/2016	21st Caruana Cross Country Classic	18	8	31:33	20	5:00		26:33	2:18	3:57
19/06/2016	17th Westgate Bridge Handicap	16	5	19:05	20	3:00		16:05	1:29	3:49
26/06/2016	23rd Woodlands Handicap	13	10	39:49	21	6:25		33:24	2:12	3:59
10/07/2016	32nd Helmut & Maija Prentler Handicap	23	5	20:14	21	3:10		17:04	1:59	4:03
24/07/2016	18th Eric Greaves Memorial Handicap	10	10	39:02	21	6:25		32:37	1:26	3:54
31/07/2016	Nortons Park Park Handicap	10	6.5	27:38	21	4:10		23:28	2:02	4:15
07/08/2016	Jells Park Handicap	9	5	18:44	21	3:10		15:34	0:36	3:45
30/04/2017	Fred Grubb & Bob Charlton Memorial	17	6.5	29:04	22	4:25		24:39	3:36	4:28
06/05/2017	28th Rendina Family Handicap	18	8	33:40	22	5:30		28:10	3:54	4:13
14/05/2017	Brimbank Handicap	21	5	21:27	22	3:20		18:07	2:34	4:17
20/05/2017	Moran Stable Handicap	17	5	19:29	23	3:30		15:59	1:11	3:54
04/06/2017	22nd Caruana Cross Country Classic	20	8	32:15	23	5:45		26:30	1:54	4:02
11/06/2017	18th Westgate Bridge Handicap	14	5	19:44	23	3:30		16:14	1:06	3:57
24/06/2017	Yarra Bend Handicap	9	8	33:02	23	5:45		27:17	2:41	4:08
01/07/2017	AB Phillips Handicap	8	6.5	25:23	24	4:50		20:33	1:16	3:54
06/08/2017	19th Eric Greaves Memorial Handicap	11	10	41:03	24	7:20		33:43	1:55	4:06
27/08/2017	33rd Helmut & Maija Prentler									

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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
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Handicap

17	6.5	28:05	24	4:50	23:15	2:53	4:19
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Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
15/04/2018	Jells Park Sealed Handicap	10	6.5	25:50	24	4:50		21:00	1:49	3:58
28/04/2018	parkrun	9	5	20:15	24	3:40	0:50	15:45	1:40	4:03
20/05/2018	Rendina Classic Handicap	8	8	31:58	25	6:15		25:43	1:10	4:00
10/06/2018	Caruana Classic Handicap	10	8	31:29	25	6:15		25:14	1:10	3:56
12/05/2019	Jells Park Sealed Handicap	7	6.5	25:10	25	5:00		20:10	1:03	3:52
06/07/2019	AV Road Relays	17	6.2	30:24	26	5:00		25:24	7:01	4:54
27/07/2019	AV Road Race	16	15	1:09:27	26	12:10		57:17	10:35	4:38
31/08/2019	parkrun	8	5	20:39	27	4:05	0:48	15:46	1:01	4:08
04/06/2022	parkrun	3	5	20:28	26	3:55	1:06	15:27	0:09	4:06
27/08/2022	parkrun	4	5	20:29	26	3:55	1:06	15:28	1:49	4:06
02/10/2022	Presidents Handicap	5	3	11:59	26	2:36		9:23	0:37	4:00
22/04/2023	AV Cross Country Relays	14	6	25:52	27	5:00		20:52	2:26	4:19
29/04/2023	parkrun	4	5	20:42	27	4:05	0:12	16:25	0:58	4:08
07/05/2023	AV Road Race	12	10	40:49	27	8:15		32:34	1:54	4:05
27/05/2023	AV Cross Country	3	8	35:21	27	6:45		28:36	1:23	4:25
17/06/2023	AV Cross Country	6	12	52:40	27	9:55		42:45	2:40	4:23
08/07/2023	AV Road Relays	9	6.2	25:09	27	5:15		19:54	1:29	4:03
22/07/2023	AV Cross Country	7	10	42:43	28	8:30		34:13	2:15	4:16
10/09/2023	Westgate Bridge Handicap	3	5	20:07	28	4:15		15:52	0:43	4:01
27/04/2024	XCR Jell Park Relays	13	6	25:02					6:14	4:10
11/05/2024	XCR Hanging Rock	11	12	52:36					11:37	4:23
15/06/2024	XCR Bendigo Cross Country	12	8	34:20					7:13	4:18